

PICO RIVERA



YOUTH SPORTS

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About Pico Rivera Youth Sports

Thank you for volunteering your time and knowledge to the Pico Rivera Youth Sports (P.R.Y.S) Program. Your dedication is appreciated! It takes a special individual to take the youth from the community into his or her care. Please realize that your focus as a coach should not only be on winning, but also on helping our youth develop as individuals. Our hope is that the lessons that are taught throughout our leagues will carry far beyond the basketball court.

Philosophy

The P.R.Y.S Program is designed with recreation in mind. All programs are designed to further develop more experienced participants, while also providing a fun environment for participants who are looking to have fun! Our programs are designed to instruct and enhance skills such as shooting, dribbling, passing, and especially **SPORTSMANSHIP**. It is our belief that each participant contributes to his or her team in their own unique way. The P.R.Y.S programs are designed in order to develop each participant not only as an athlete, but also as an individual.

***THE P.R.Y.S. PROGRAM EMPHASIZES FUN-DAMENTALS
AND SPORTSMANSHIP BEFORE WINNING!***

Staff Contact Information

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BECOMING A P.R.Y.S. VOLUNTEER COACH

Becoming a Pico Rivera Youth Sports volunteer coach takes a special person who is willing to volunteer their time and energy.. Our youth sports leagues are designed for “RECREATION” and are intended for fun; while also stressing fundamentals and sportsmanship in various sports. Individuals must fill out and submit a Pico Rivera Youth Sports application to begin process. Once the sports department receives application they will contact you to begin background check process.

Once assigned to coach, each coach must sign a Code of Ethics, and expected to abide by these rules, zero tolerance on any infraction and may result in immediate dismissal from program. Volunteers coaches in our P.R.Y.S. program will not be allowed to be a department contract instructor. Coaches will need to decide their preferred venue in working with our youth; either volunteering as a coach or conducting a class or clinic.

Note: Submittal of a “PRYS Volunteer Application” does not guarantee you a team. In the event there are more coaches than teams; coaches are selected in the following order :

1) Coaching of a family member. 2) Prior PRYS coach. 3) Date application submitted/ received

Coaches may not come into league with a team. No more than 3 teams total may be coached per season. Note: Volunteers wishing to coach divisions A and above must have previously coached that age group; if not may only be an assistant coach pending team availability.



Coaches Code of Ethics

FUN-damentals and Sportsmanship Before Winning!

Coaches Code of Ethics was created to help coaches remember that they are here for the development of the kids who we are instructing. All coaches are expected to adhere and uphold to the following Code of Ethics while participating in the program

I hereby agree to follow the rules, regulations, policies, and philosophies of the City of Pico Rivera Youth Basketball League. I understand that coaching a City of Pico Rivera Youth Basketball team is a privilege and that I must abide by the following at all times:

- I understand this is a **RECREATIONAL** league and should be treated as such.
- I will remember that I am a youth coach and that the game is for the players and not the adults.
- I will place the emotional and physical well being of my players ahead of any personal desires to win.
- I will treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.
- I will lead by example in demonstrating outstanding sportsmanship and fair play to all involved in the Pico Rivera Youth Sports program. I will do so not only through my words but also my actions and body language.
- I will do whatever possible to provide a safe practice and game environment for my team.
- I will not provide transportation to or from practices, games, and/or any other destination during the course of the season.
- I will notify the league coordinator of any additional practices outside of the 1 hour, twice a week of designated gym time at either the Pico and/or Rivera Park Gymnasiums. I understand any and all practice changes should be cleared through the league coordinator and that I am responsible for notifying my participants.
- I will show up to my practices. I will be on time to my practices.
- I will not make any changes, including but not limited to adding, substituting or deleting players to my assigned team roster. At no time will I allow any non-registered or registered player that is not assigned to my team to practice or play on or with my team without league approval.
- I understand that in order to become a volunteer coach, I must be fingerprinted through live scan and that until I have been cleared, a city staff will be present at all team functions.
- I will refrain from using any profanity or negative comments towards any player, coaches, parents, officials and staff.

I understand that if, at any time, I violate any portion of the Coaches Code of Ethics I may be removed from the position of volunteer coach from the Pico Rivera Youth Sports program. I also understand that any such violations may affect the possibility of being able to coach in the future.

Parents Code of Ethics

FUN-damentals and Sportsmanship Before Winning!

Parents Code of Ethics was created so parents remember they are here for the encouragement of all kids who are participating. All parents are expected to adhere and uphold to the following Code of Ethics while participating in the program.

- I will remember the game is for the kids on the court and not the adults in the stands.
- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, officials and staff at every game and/or practice.
- I will place the emotional and physical well-being of the participants before any personal desire to win.
- I will support coaches, officials and staff working with my child, in order to encourage a positive and enjoyable experience for all.
- I will only cheer on my child's team in a positive and collective manner and *WILL NOT* cheer *against* any other participants.
- I will respect the commitment of volunteer coaches and allow them to coach the team without my interference at any game and / or practice.
- I will refrain from using any profanity or negative comments towards any player, coaches, parents, officials and staff.
- I will demand a youth sports environment for my child that is free of drugs, tobacco, and alcohol, as I will refrain from their use at all youth sports functions. I understand that the Pico Rivera Youth Sports program emphasizes FUN-damentals and Sportsmanship before winning.

I understand that if, at any time, I violate any portion of the Parents Code of Ethics I may be removed from any further participation as a spectator.

I hereby pledge to provide positive support, care, and encouragement for my child participating in the Pico Rivera Youth Sports program. I understand that failure to adhere to the Parents Code of Ethics could result in me being asked to leave the facility.

Just let them play.
Have fun. Enjoy the
game.

Deanna Diaz

Players Code of Ethics

FUN-damentals and Sportsmanship Before Winning!

Players Code of Ethics was created to strengthen and develop their confidence, self-esteem and sportsmanship. All players are expected to adhere and uphold the following Code of Ethics at all times while participating in the program.

- I am here to have fun and will encourage good sportsmanship from fellow players, coaches, officials, and parents at every game and practice.
- I will attend every practice and game that is reasonably possible and notify my coach if I am unable to attend.
- I will do my best to listen and learn from my coach; Also practice trustworthiness, respect, responsibility, fairness, caring, and good citizenship.
- I will treat my coaches, officials, players and staff with respect regardless of race, sex, creed, or ability as both my team and other teams will expect to be treated accordingly.
- I will be respectful and not argue calls with any official.
- I will not play in any way as to intentionally cause harm to any other player.
- I will encourage my parents to be involved with my team in some capacity because it is important to me.
- I will do my best in school.
- I deserve to play in an alcohol, tobacco, and drug free environment and expect adults to respect that wish.
- I deserve to have fun during my sports experience and will alert parents or coaches if it stops being FUN.
- I will remember that sports are an opportunity to learn and have **FUN**.

I also agree that if I fail to abide by these Code of Ethics I may be subject to disciplinary action that could also include, but is not limited to the following:

- **Verbal warning by official, coach, and/or League Coordinator**
- **Written warning**
- **Suspension with written documentation of incident kept on file by league coordinator.**



PICO RIVERA YOUTH SPORTS SPORTSMANSHIP PROGRAM

Sportsmanship: Conduct and attitude considered as befitting participants in sports, especially fair play, courtesy, striving spirit, and grace in losing.

The City of Pico Rivera Youth Sports (P.R.Y.S.) program is dedicated to keeping the youth within our community active and involved. P.R.Y.S offers various youth sports leagues, both recreational and competitive tournaments, throughout the year. Our sports league is designed not to emphasize the importance of winning, but to teach the basic fundamentals of each sport in an enjoyable environment. Above all, however, P.R.Y.S is committed to doing everything possible to ensure that sportsmanship is the main priority.

In order to further ensure the sportsmanship aspect of P.R.Y.S., we have created a program that provides all participants (players, coaches, and parents) the opportunity to perform examples of sportsmanship. Our Youth Sports Sportsmanship Program is based on points achieved throughout the season by performing acts that demonstrate sportsmanship. League officials and sports officials will be rating each team’s sportsmanship performance. Scores will be based on the following rating system:

- 4-Outstanding**
- 3-Good**
- 2-Fair**
- 1-Poor**

Using this rating system, teams will enter each game with a full four (4) points. The task at hand is to **maintain** those points by displaying expected behavior. Displays of unacceptable behavior will result in the loss of points. Coaches, players, and spectators will all be taken into consideration when points are being distributed. The following is a list of examples of **expected behavior**:

COACHES	PLAYERS	SPECTATORS
Encouraging your team Addressing staff properly Positive reinforcement Subbing players fairly Following league rules regarding coaches conduct Positive language Handling defeats well Handling wins well Following facility rules Adhering to all P.R.Y.S. League rules.	Encouraging your teammates Positive reinforcement Positive language Addressing staff properly Following league rules regarding players conduct Helping out your teammates Helping out opposing teammates Cleaning your team bench Following facility rules	Encouraging your team Encouraging opposing team Positive language Addressing staff properly Following league rules regarding spectator conduct Cleaning your seat Positive behavior towards teams, scorekeepers, officials and opposing spectators.

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PICO RIVERA YOUTH SPORTS SPORTSMANSHIP PROGRAM

The following behaviors are deemed *unacceptable* and will result in the loss of points:
All behavior listed will result in a 1 point deduction from your sportsmanship points.

**Note: Any Profanity or Negative comments will result in a 4 point deduction.*

COACHES	PLAYERS	SPECTATORS
Arguing with/challenging staff during games Unfairly subbing players Negative comments towards any staff, officials, players or coaches Disobeying facility rules Disobeying rules regarding conduct Negative reinforcement Handling defeats /wins poorly *Profanity or negative comments	Discouraging your teammates Discouraging opposing teammates Negative reinforcement Negative comments towards any staff, officials, teammates or coaches Ignoring injured/teammates in need Leaving your team bench dirty Disobeying facility rules Disobeying rules regarding Conduct *Profanity or negative comments	Discouraging opposing teams Negative comments towards any staff, officials, players or coaches Disobeying facility rules Disobeying rules regarding conduct Shouting at scorekeepers from across the gym Coming on to the court at any time *Profanity or negative comments

SCMAF TOURNAMENT ELIGIBILITY (Winter Season Only)

In order for teams to be eligible to participate in the SCMAF tournament, they must have accumulated at least 83% of the total points possible for the amount of games played.

Each game will yield a total of 12 points (4 points each for coaches, players, and spectators); 83% of that total would equal 10 points per game (an average of 2 points deduction total from coaches, players, and spectators -OR- 12 points total x 83% of total = 10 points). In order to achieve 83% of the total points, teams must score a minimum total of 10 points per game. **(Note: A SPORTSMANSHIP TECHNICAL FOUL GIVEN TO ANY OF THE CATAGORIES IS AN AUTOMATIC 4 POINT DEDUCTION IN THAT CATEGORY.)**

*****SCMAF "GOLD or BLUE" Tournament will be determined by coaches at "Coaches Meeting".**

Gold=All-star team (pick no more than 12 players) Blue=Team with bet record in each division

***Team with the best record will be sent to SCMAF tournament (pending they meet eligibility) In the case of a tie, the following criteria will be used: (1) Head to head match ups, (2) fewest points allowed, (3) most Sportsmanship points.

***Note: It is at the League Coordinators discretion on who the final team and/or teams that will be representing the City of Pico Rivera in the SCMAF Tournament due to any and all circumstances that may arise.

"Non-League Games" **will not** count toward overall record standings but **will be** counted toward teams overall sportsmanship points.

SECTION A: RULES AND REGULATIONS

(CIF Rules employed; except when in conflict with SCMAF/House Rules.)

1. Divisions **D-AAA** shall play four (4), ten (10) minute quarters. All divisions will use a running clock with a halftime of two (2) minutes. Regulation clock will be used during the last two (2) minutes of the games, provided the scores are within fourteen (14) points or less . **(*Rule does not apply to D division; running clock continues.)**
2. Divisions **B-AAA** shall use a 29.5" official size basketball. Division C shall use a 28.5" intermediate size basketball. Division D shall use a 27.5" junior size basketball.
3. **(Division D only)** At the start of game, players will have the opportunity to attempt one free throw from the 12' line to add to the scoreboard. Players are **not** to attempt free throw "underhand." Once a player has made a free throw that player **may not** attempt another free throw unless all the players on their team have successfully made a free throw *(*Only applicable when teams are uneven)*. Teams with fewer players than opposing teams will be given the appropriate amount of additional attempts.
4. Ten minute grace period. Each team shall have 5 players on the court. A team can begin with 4 players, but continue with no less than 3 players.
5. **A minimum/maximum playing time rule will be in effect.*** Each player must play a **minimum** of five (5) consecutive minutes per half. Consecutive minutes begun in one quarter may not be carried over into the next quarter. **Each player** may play a **maximum** of thirty-five (35) minutes per game**. Note: Bench time must start at the beginning or midpoint of a quarter in either half. Exceptions will be made due to players who don't show for practices *(See Page 15)*, who are ill, injured, disqualified . **(*It is the coaches responsibility to adhere to the minimum/maximum playing time rule. Penalty for non-compliance with the maximum play rule is forfeiture of the game.)**
6. **D Division Only - will substitute players every 5 minutes. (Note: Quarters are now 10 minutes; allowing time for substitutions.) Maximum play rule still in affect.**
7. Mandatory substitutions will take place at the midpoint of the 1st and 3rd quarters. Free substitutions will take place only after all players have met minimum play rule for that half. * All substituting players must report to the score table prior to entering the game. **(*The minimum/maximum playing time rule must be adhered to when utilizing free substitutions. Exception See Page 15)**
8. All players must be in complete city issued uniform at game time. No sagging shorts, untucked jersey and no jewelry; jewelry that cannot be remove must be taped. All tattoos must be covered. Any violation will result in a Technical Foul at start of game.
9. Each team will be allowed four (4) one (1) minute timeouts to be used throughout game. For each overtime period, one (1) timeout shall be allotted to each team. Unused time outs during regulation time may not be carried over to overtime. A thirty (30) second referee's time out will be taken in minor injury situations. Teams must take the floor within three (3) seconds of the request of the official.

SECTION A: RULES AND REGULATIONS, CONTINUED

10. Full court pressure will be allowed **only** in the **B-5A** Divisions . Backcourt pressure is not allowed in the C-D Division. C-D division, the defense must allow the offense to move the ball across the plane of the mid-court line. Teams will be given one (1) verbal warning for using an illegal defense. Technical fouls will be issued for each subsequent offense.
11. The three point shot will **not** be in effect in the D & C divisions.
12. Bonus free throws (one and one) will be rewarded when a team reaches its seventh (7th) personal foul in a half. A team's tenth (10th) foul will result in two (2) free throws from here on.
13. Overtime play will consist of two (2) minutes, using a regulation clock. Teams will be awarded one (1) timeout each during overtime play.
14. Teams in the **B-AAA** divisions will be allowed three (3) seconds in the key. Teams in the D & C divisions will be allowed five (5) seconds in the key.
15. Only team players, along with one (1) head coach and one (1) assistant, will be allowed on the team bench. If a team has two (2) coaching staff present only the head coach may stand with the other **seated on the bench.**
16. Only head coaches may approach scorekeepers and/or officials, and only during dead balls and/or timeouts. The scorekeeper and/or official will address the coach's request at his/her earliest convenience. (***Assistant coaches and/or players may not approach scorekeepers and/or officials at any time.**)
17. All teams are responsible for cleaning up their bench area once games have ended.
18. **During the last two (2) minutes of the game, the team in possession of the ball and calling a timeout must inbound the ball at mid-court.**

SECTION B: SPORTSMANSHIP RULES

The following sportsmanship rules will be in effect when a team has a lead of fifteen (15) points or more:

1. The team with a leading score may **not** use full court pressure and defense **must not** exceed the 3 point line. Teams will be given one (1) verbal warning. Technical fouls will be issued for each subsequent offense.
2. The trailing team will attempt two (2) free throws on **all** defensive fouls, except on a made basket.
3. The last two (2) minutes of the fourth quarter will use a running clock.
4. The possession arrow will remain in the trailing team's favor, until the score is within fifteen (15) points or less.
5. All coaches for the team leading by more than 15 points must instruct team from a seated position, except during substitutions and timeouts.
6. The score visible on the scoreboard will **not** show more than a 15point differential. Head coaches may ask the scorekeeper for the actual score only during a dead ball and/or timeout .

SECTION C: GENERAL VIOLATIONS

1. Traveling: taking two (2) or more steps without dribbling the ball.
2. Double-dribble: dribbling the ball with two (2) hands simultaneously or dribbling the ball again once a player has already stopped.
3. Carrying the ball: positioning the hand underneath the ball while dribbling.
4. Being in continuous control of the ball while in the backcourt* for ten (10) consecutive seconds. (***Backcourt of a team consists of its “defensive” half of the court, including the entire division line and the opponent’s basket, and inbounds portion of the opponent’s backboard**)
5. Grabbing/holding opposing player’s jersey to prevent said player from advancing with the ball.
6. Dribbling the ball backcourt once it has already been in the frontcourt*. (***Frontcourt of a team consists of its “offensive” half of the court, including its basket and inbounds portion of the backboard.**)
7. Stepping out of bounds while in possession of the ball.
8. Moving screen (offensive player does not hold position; move with dribbler.)

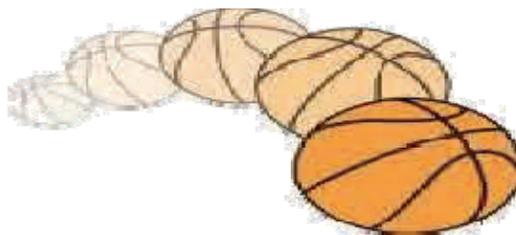
SECTION D: VIOLATIONS DURING FREE THROWS

1. The shooter does not shoot within ten (10) seconds of receiving the ball from the referee.
2. The shooter fails to stay behind the free throw line* while attempting a free throw. (***Line violation will be at the official’s discretion.** Divisions D & C will attempt free throws from a designated distance from the basket.)
3. Lane violation: during a free throw situation, either team entering the lane (key) before the **release of the ball.**
4. The shooter fails to hit the rim on his/her last free throw attempt.

SECTION E: VIOLATIONS DURING THROW-INS

1. In-bounder fails to pass the ball into play within five (5) seconds.
2. Directly handing the ball to players on the court.
3. Running the base/side line after a foul or violation call.* (***In-bounder may run the base-line only after a made basket.**)

NOTE: BALL MAY NEVER TOUCH THE FLOOR WHEN INBOUNDING FROM SIDE (BEING BOUNCED BY PLAYER); RESULTS IN TRAVEL.



SECTION F: TECHNICAL FOULS

Technical fouls will result in two (2) free throws, plus possession of the ball at center court; will be awarded to the team not at-fault:

1. Head Coach or Assistant Coach receiving a Technical foul will result in both coaches being required to sit for remainder of game.
2. Player receiving a Technical Foul will result in player sitting out 5 consecutive minutes at time technical was called; consecutive time WILL carry over to next quarter.
3. Any team having more than five (5) players on the court during live play.
4. Player not reporting to scorers table before entering court.
5. Disrespect from players, coaches, and/or spectators toward officials, scorekeepers, city staff, coaches and/or other players. **(This will be determined at the official's discretion.)**
3. Use of profanity or any language deemed inappropriate by officials.
4. Using rough tactics (intentional/hard fouls).
5. Using illegal defense after the first warning.
6. Harrassment, unruly or unsportsmanlike conduct by players, coaches, and/or spectators of officials, scorekeepers, city staff, players, and/or other spectators after first warning.
7. **Any and all forms of unsportsmanlike conduct! (This will be determined at the official's discretion.)**

NOTE: Any technical foul during a game will can lead to immediate removal from play in that game and is at the League Coordinator's discretion of further penalties resulting from technical foul. Penalty is subject to removal from multiple games or removal from league.

HEAD INJURY RULE

A player (s) who is suspected of sustaining a head injury or concussion in a practice or game shall be removed from competition at that time. Determination of participants playing status will only be determined by game official and/or gym monitor. (Coach/Parent will have no determination on outcome.) A player/players who has been removed from play may not return to play until the athlete is evaluated by family physician or by a licensed health care provider trained in the evaluation and management of concussion and receives written clearance by physician.



PRACTICE INFORMATION

Practice times and locations are based on the volunteer coaches availability. Coaches may select two (2) practice days/times per week, for one hour each practice. (3 teams per hour in gym, teams will rotate to allow teams 1/2 a gym i.e. full side-court, to practice.) Additional practice indoors will be allowed only once a week for an additional 1/2 hour at end of scheduled practice pending availability; outdoor or offsite practices may be scheduled by coaches with League Directors prior approval. **Coaches found to be in violation of these guidelines are subject to removal from the program.**

If coaches need to cancel or reschedule practice, P.R.Y.S. staff must be notified and it is the coaches responsibility to notify their team. Practices may not be rescheduled without prior consent of the League Assistant or League Coordinator.

There will be three (3) courts available during each hour of practice.

Practices will utilize half-courts; and will rotate use of full side-court with the other teams scheduled in the gym.

No players may practice with any team unless player is on that teams current roster.

Teams may NOT jump on any empty courts without permission from the League Director and/or Assistant League Director.

Teams will be allowed one (1) additional practice for an additional 1/2 hour at end of scheduled practice pending availability and with prior notice; on a rotation basis to allow all teams extra time in gym. Teams may not schedule a practice to begin on the 1/2 hour.

Rivera Park: 9530 Shade Ln. Pico Rivera, CA 90660

Monday through Thursday:

Note: Tuesday ONLY 5:00-6:00 p.m.

5:00-6:00 p.m.

6:00-7:00 p.m.

7:00-8:00 p.m.

8:00-9:00 p.m.

Pico Park: 9528 Beverly Blvd. Pico Rivera, CA 90660

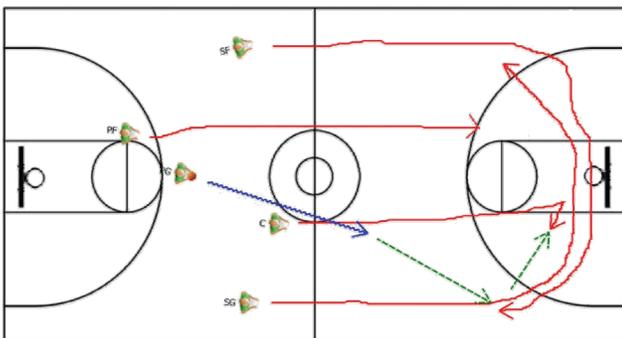
Monday through Thursday:

5:00-6:00 p.m.

6:00-7:00 p.m.

7:00-8:00 p.m.

8:00-9:00 p.m.



GAME INFORMATION

Games will be played on Friday (Evenings), Saturday (All Day) and possibly some Sundays (Morning) depending on amount of teams in each division. Teams will play each other a minimum of one time and with at maximum ten weeks of league play. *Note: Practice site does **NOT** determine game site.*

Game Sites:

Rivera Park	Pico Park
9530 Shade Ln.	9528 Beverly Blvd.
Pico Rivera, 90660	Pico Rivera, 90660

TEAM ASSIGNMENTS

All P.R.Y.S Youth Basketball teams will consist of no more than 10 players and are created by using a blind-draw method. Head volunteer coaches will be allowed to choose two (2) players **total** prior to blind draw. (Family members - sons, daughters, brother, sisters, cousins; neighbors, child care or transportation. Note: each player will count as one. Two brothers will count as two.) Any assistant coaches request will count toward your two (2) allotted picks. Coaches may only "Choose" players that have been on their team in the **immediate** past season and who were **registered before** the registration deadline. (**NO** standby list participants will be allowed; assistant coaches child included.) Requests made by coaches, players, and/or parents are **not** guaranteed. The following are examples of requests that are not guaranteed to parents and/or participants:

- Coach/player requests
- Practice location requests
- Practice time requests
- Relative requests, **unless** the relatives are siblings within the **same age division** . then consideration may be given.

Requests for same non-related player who did not play for multiple coaches in the immediate past season by will be determined by a coin flip.

Note: Due to a large number of request and player balance ; **NOT** all request will be granted.

Standby participants will be placed on teams in order of the next pick in the blind draw and continue this way until spaces are filled

STANDBY PARTICIPANTS

Any applications received **after** the registration deadline are automatically placed on a waiting list. Waitlist spots are filled on a first come, first serve basis, and applicants will be called as space allows. Waitlist applicants are not guaranteed a place within the league.

Note: Standby List applicants requests for a specific teams or specific site will **NOT be granted.**

Replacement Players

Replacement players from the standby list will not be added to team rosters unless original players have officially been withdrawn from the league. Coaches may notify the League or Assistant League Coordinator regarding absent players. Waitlisted players will be added to team rosters as space allows.

Players may only be added to rosters by League Coordinator!

Must Play Rule Exception

Exceptions will be made due to players who are absent from practice **consecutively** in a given practice week. (Ie...Participant did not show to both practices that game week.) Coaches may sit a player half (1/2) game; **first 1/2 only** if player misses both practices prior to game. Coaches must be consistent with all players in adhering to this rule. Also, coaches must show proof of absence, (ie... attendance sheet) and **must notify** the *Participants Parent* and *League Coordinator by the end of the second practiced missed and the name of the player who will be benched*. Failure to notify the above mentioned prior to start of game, will result in player being allowed to play in entire game. (This is an "In House" rule only! Does not apply to tournament play.)

COACHES RESOURCES

Below is a list of websites that might provide some additional help throughout the season:

www.coachesclipboard.net- Basketball coaching playbook for youth basketball coaches, high school basketball coaches and players, with plays, drills, offenses, defenses, and player tips.

www.knowledgehound.com- Free tips and tutorials for basketball coaching, drills, plays, defense, offense, ball handling, shooting and more.

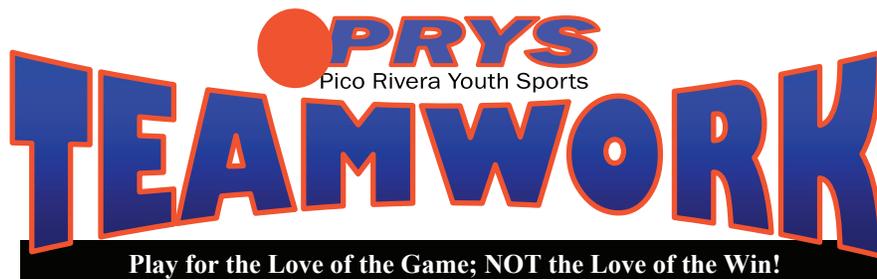
www.guidetocoachingbasketball.com- Guide to coaching youth basketball plays, moves, skills and drills reveals secrets basketball coaches used to take their team to the top.

www.basketball-drills-and-plays.com- Improve as a Player or Coach! Game-winning basketball plays, championship basketball drills, coaching basketball guide, & basketball tips.

www.coachlikeapro.com– Coaching youth basketball - find tips on girls and boys basketball coaching drills, plays, offenses, defenses, practice plans, and playbook.

www.campofchamps.com- Free basketball drills, basketball coaching drills & plays. Improve shooting, dribbling, passing, defense, & coaching youth.

Thank you for your participation in the Pico Rivera Youth Sports program. Your support continues to allow us to include, improve, and innovate the youth within our community.



We Honor the Game Here



2018

