

CITY OF PICO RIVERA FALL 2020 Classes

Registration is now open for our fall 2020 classes. These activities will inspire learning, encourage healthy habits, and help maintain social connections in a virtual setting. While we miss seeing you in our facilities and attending our classes, we hope we can connect with you online. For more information please call (562) 801-4430.

Register at http://bit.ly/PRRec_FALL2020Classes

KIDS' CLASSES - DANCE CLASSES

Class Title: "Frozen" Princess Ballet

Ages: 3-5 yrs **Day:** Tuesdays **Time:** 3:15-4:00 p.m. **Min/Max:** 5/12

Description

Your little ballerina will enter a world of magic and imagination by dancing to their favorite tunes from fairy tales new and old. This class teaches the basics of ballet and dance through terminology and imagery. Instructor will send information regarding which props to have ready at home for class activities. Visit: <http://ocdanceproductions.com/meetyourteacher/> for short videos introducing OCDP instructors!

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------|----------------|---|
| 16728 | \$64/6 weeks | Session I: 9/15-10/20 |
| 16729 | \$64/6 weeks | Session II: 10/27-12/8, No class 11/24 |
| 16730 | \$104/12 weeks | Full Session: 9/15-12/8, No class 11/24 |

Class Title: Children's Musical Theater

Ages: 3-6 yrs **Day:** Tuesdays **Time:** 4:10-4:55 p.m. **Min/Max:** 5/12

Description

Through dance, singing, and creative movement exercises this class introduces young artists to the world of musical theater! Children will tell a story through song and dance by expressing emotion, stage confidence and individuality while learning basic choreography and lyrics to popular age-appropriate Broadway songs. Visit: <http://ocdanceproductions.com/meetyourteacher/> for short videos introducing OCDP instructors!

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------|----------------|---|
| 16731 | \$64/6 weeks | Session I: 9/15-10/20 |
| 16732 | \$64/6 weeks | Session II: 10/27-12/8, No class 11/24 |
| 16733 | \$104/12 weeks | Full Session: 9/15-12/8, No class 11/24 |

Class Title: Pop Star Hip Hop

Ages: 4-7 yrs

Day: Tuesdays

Time: 5:05-5:50 p.m.

Min/Max: 5/12

Description

Dance & choreograph like your favorite star! Participants will learn choreography and lyrics to popular age-appropriate artists. All dance choreography and technique is jazz and hip hop based. Visit: <http://ocdanceproductions.com/meetyourteacher/> for short videos introducing OCDP instructors!

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|---|
| 16734 | \$64/6 weeks | Session I: 9/15-10/20 |
| 16735 | \$64/6 weeks | Session II: 10/27-12/8, No class 11/24 |
| 16736 | \$104/12 weeks | Full Session: 9/15-12/8, No class 11/24 |

Class Title: Classical Ballet: Beginning

Ages: 5-8 yrs

Day: Tuesdays

Time: 6:00-6:45 p.m.

Min/Max: 5/12

Description

Beginning dancers focus on terminology, positions and movements with an emphasis on self-discipline, alignment, and poise. Perfect for those who have little dance experience or are ready to try this technical style for the first time. Visit: <http://ocdanceproductions.com/meetyourteacher/> for short videos introducing OCDP instructors!

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|---|
| 16737 | \$59/6 weeks | Session I: 9/15-10/20 |
| 16738 | \$59/6 weeks | Session II: 10/27-12/8, No class 11/24 |
| 16739 | \$99/12 weeks | Full Session: 9/15-12/8, No class 11/24 |

Class Title: Classical Ballet: Beginning

Ages: 4-6 yrs

Day: Wednesdays

Time: 5:05-5:50 p.m.

Min/Max: 5/12

Description

Beginning dancers focus on terminology, positions and movements with an emphasis on self-discipline, alignment, and poise. Perfect for those who have little dance experience or are ready to try this technical style for the first time. Visit: <http://ocdanceproductions.com/meetyourteacher/> for short videos introducing OCDP instructors!

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|---|
| 16746 | \$64/6 weeks | Session I: 9/16-10/21 |
| 16747 | \$64/6 weeks | Session II: 10/28-12/9, No class 11/25 |
| 16748 | \$104/12 weeks | Full Session: 9/16-12/9, No class 11/25 |

Class Title: All In One Dance

Ages: 5-8 yrs **Day:** Wednesdays **Time:** 6:00-6:45 p.m. **Min/Max:** 5/12

Description

Dancers will learn the basic fundamentals in ballet, jazz, tumbling, and hip hop. Class promotes balance, coordination, rhythm, listening skills, and imagination through creative movement exercises. Perfect for those who want to try multiple styles of dance. Visit: <http://ocdanceproductions.com/meetyourteacher/> for short videos introducing OCDP instructors!

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|---|
| 16749 | \$64/6 weeks | Session I: 9/16-10/21 |
| 16750 | \$64/6 weeks | Session II: 10/28-12/9, No class 11/25 |
| 16751 | \$104/12 weeks | Full Session: 9/16-12/9, No class 11/25 |

Class Title: Workshop Series - Various Styles

Ages: 6-12 yrs **Day:** Thursdays **Time:** 3:30-4:30 p.m. **Min/Max:** 5/12

Description

OC Dance's Workshop Series provides an introduction to various styles of dance with various styles and genres of dance each week thus providing a well-rounded understanding of dance and offering something new and exciting each week. Workshop hosts an hour each week with classes in hip hop, ballet, jazz, tap, lyrical, and musical theater complete with cardio warm up and stretching, terminology, movements, techniques and choreography. Offered in 6 or 12 week sessions.

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|--|
| 16752 | \$64/6 weeks | Session I: 9/17-10/22 |
| 16753 | \$64/6 weeks | Session II: 10/29-12/10, No class 11/26 |
| 16754 | \$64/12 weeks | Full Session: 9/17-12/10, No class 11/26 |

Class Title: Musical Theater Production ft. "The Jungle Book"

Ages: 7-11 yrs **Day:** Wednesdays **Time:** 3:30-5:00 p.m. **Min/Max:** 5/15

Description

Come explore the jungle and meet all of the animals inside in our musical theater workshop of "The Jungle Book"! Participants will audition for roles, practice lines, dance choreography, and songs and create their own simple costumes. Production concludes with an at-home performance for family on Friday, November 6th. Visit: <http://ocdanceproductions.com/meetyourteacher/> for short videos introducing OCDP instructors!

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|--------------|
| 16755 | \$164/8 weeks | 9/16-11/4 |

Class Title: Jo Jo Siwa Pop Star Choreography

Ages: 6-10 yrs **Day:** Thursdays **Time:** 4:45-5:30 p.m. **Min/Max:** 5/12

Description

Dance like your favorite pop star! Class includes learning basic hip hop and jazz technique, as well as choreography and lyrics from two JoJo Siwa music videos! Participants will improve coordination and musicality and perform a “living room concert” for family on the last day of class! Visit: <http://ocdanceproductions.com/meetyourteacher/> for short videos introducing OCDP instructors!

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------|---------------|-------------|
| 16757 | \$44/4 weeks | 10/15 -11/5 |

Class Title: Prima Princess Ballerina Series

Ages: 3.5-7 yrs **Day:** Thursdays **Time:** 4:45-5:30 p.m. **Min/Max:** 5/12

Description

For little ones who love all things, princess! Dancers learn beginning ballet and creative movement set to their favorite princess songs instructed by a popular princess in her ballerina tutu. One at-home craft included; materials needed and instructions sent after the first day of class. Class includes a 15 minute virtual one on one visit with the princess during the session for each student.

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------|---------------|----------------------------------|
| 16758 | \$64/4 weeks | 11/12 -12/10 – No Class on 11/26 |

KIDS' CLASSES - SPECIAL EVENTS

Class Title: Princess Academy with Red Rose Princess

Ages: 3.5-7 yrs **Day:** Sat & Sun **Time:** 4:00-5:00 p.m. **Min/Max:** 5/12

Description

The perfect way to entertain your princess-loving little one! Join Ever After Princess’s very own Red Rose Princess for a mini-camp featuring a ballet lesson, games, crafts, kindness discussions, and singing. List of items needed and ready will be sent and parent/guardian observation required for each participant.

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------|---------------|---------------|
| 16760 | \$44/2 Days | 11/14 & 11/15 |

Class Title: Ever After Princess's Halloween Spooktacular

Ages: 3+ yrs **Day:** Friday **Time:** 5:00-6:00 p.m. **Min/Max:** 5/12

Description

The perfect way to get into the holiday spirit and entertain your little one! Join an Ever After Princess Halloween character for an evening of games, crafting, and dancing to favorite spooky tunes! List of items needed and ready will be sent and parent/guardian observation required for each participant.

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------|---------------|-------|
| 16761 | \$30/1 Day | 10/30 |

Class Title: Ever After Princess's Holiday Carols with Princesses

Ages: 3+ yrs **Day:** Friday **Time:** 5:00-6:00 p.m. **Min/Max:** 5/12

Description

The perfect way to get into the holiday spirit and entertain your princess-loving little one! Join Ever After Princess's very own princesses for an evening of games, crafting, and singing holiday carols! List of items needed and ready will be sent and parent/guardian observation required for each participant.

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------|---------------|-------|
| 16762 | \$30/1 Day | 12/11 |

KIDS' CLASSES - SPECIAL INTEREST CLASSES

Class Title: Arts Enrichment (K-2nd)

Ages: K-2nd Grades **Day:** Wednesdays **Time:** 3:15-4:00 p.m. **Min/Max:** 5/12

Description

Participants will be guided through various arts enrichment activities to nurture their creativity. Activities include creative movement dance, painting, acting, music and singing, clay art, and crafting. This class encourages students to develop their creativity, fine motor skills, perception of shape and spatial relationships, and imagination! A list of supplies needed will be sent in the email with the class's zoom link.

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------|----------------|---|
| 16740 | \$64/6 weeks | Session I: 9/16-10/21 |
| 16741 | \$64/6 weeks | Session II: 10/28-12/9, No class 11/25 |
| 16742 | \$104/12 weeks | Full Session: 9/16-12/9, No class 11/25 |

Class Title: Arts Enrichment (3rd-5th)

Ages: 3rd-5th Grades **Day:** Wednesdays **Time:** 4:10-4:55 p.m. **Min/Max:** 5/12

Description

Participants will be guided through various arts enrichment activities to nurture their creativity. Activities include creative movement dance, painting, acting, music and singing, clay art, and crafting. This class encourages students to develop their creativity, fine motor skills, perception of shape and spatial relationships, and imagination! A list of supplies needed will be sent in the email with the class's zoom link.

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|---|
| 16743 | \$64/6 weeks | Session I: 9/16-10/21 |
| 16744 | \$64/6 weeks | Session II: 10/28-12/9, No class 11/25 |
| 16745 | \$104/12 weeks | Full Session: 9/16-12/9, No class 11/25 |

CHESS FOR KIDS & TEENS

Ages: 5 – 16rys **Day:** Mondays **Time:** 3 - 4:40 p.m. **Min/Max:** 5/12

Description

Learn the game of Chess Virtually. Chess teaches critical & abstract thinking, problem solving, planning and analysis. Mastering strategic thinking through the Martial Arts of the Mind. Are you ready to learn and have fun? It's your move!

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|--------------|
| 16726 | \$55/4 classes | 10/12 – 11/2 |
| 16727 | \$55/4 classes | 11/9 – 11/30 |

KIDS' CLASSES – FITNESS CLASSES

ZUMBA KIDS

Ages: 5 – 16rys **Day:** Tuesdays **Time:** 5:15 – 6:00 p.m. **Min/Max:** 5/12

Description

Join this virtual Zumba Kids class online! Participants will follow along a live instructor for an ultimate fitness party for young fans that will feature age-appropriate music and moves that get kids moving to the beat.

Price and Dates:

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|--------------|
| 16721 | \$30/4 classes | 10/6 – 10/27 |
| 16722 | \$25/3 classes | 11/3 – 11/17 |
| 16723 | \$25/3 classes | 12/1 – 12/15 |

KIDS' CLASSES - SPORTS

MOMMY/DADDY & ME SOCCER

Ages: 2 – 3 ½ yrs

Day: Saturdays

Time: 9am – 9:30 a.m.

Min/Max: 5/12

Description

Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. Each week the coach introduces and demonstrates several soccer-themed games over zoom. Adult participation is required

*No class on 11/28

| CODE | PRICE & WEEKS | DATES |
|-------|----------------|----------------|
| 16706 | \$45/4 classes | 10/10 – 10/31 |
| 16707 | \$45/4 classes | 11/14 – 12/12* |

TOT-SOCCER

Ages: 3 ½ - 4 yrs

Day: Saturdays

Time: 9:40 a.m. – 10:10 a.m.

Min/Max: 5/12

Description

Learn core skills and develop a soccer foundation, while playing at home with an adult while we coach over Zoom. Our time-tested, age specific curriculum builds confidence and promotes physical development. Tot-Soccer focuses on helping kids develop their large motor skills through demonstrations and entertaining games like Rainbow Quest! Adult participation is required.

*No class on 11/28

| CODE | PRICE & WEEKS | DATES |
|--------|----------------|----------------|
| 16709 | \$45/4 classes | 10/10 – 10/31 |
| 167010 | \$45/4 classes | 11/14 – 12/12* |

PRE-SOCCER

Ages: 4 - 5 yrs

Day: Saturdays

Time: 10:20 a.m. – 10:50 a.m.

Min/Max: 5/12

Description

Learn core skills and develop a soccer foundation, while playing at home with an adult while we coach over Zoom. Our time-tested, age specific curriculum builds confidence and promotes physical development. Pre-Soccer focuses on helping kids develop their large motor skills through demonstrations and entertaining games like Downtown Traffic! Adult participation is required.

*No class on 11/28

| CODE | PRICE & WEEKS | DATES |
|-------|----------------|----------------|
| 16712 | \$45/4 classes | 10/10 – 10/31 |
| 16713 | \$45/4 classes | 11/14 – 12/12* |

SOCCER 1

Ages: 5 - 6 yrs **Day:** Saturdays **Time:** 11 a.m. – 11:30 a.m. **Min/Max:** 5/12

Description

Learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, working with our coaches online over Zoom. Concepts of small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. Parents are invited to play along.

*No class on 11/28

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|----------------|
| 16715 | \$45/4 classes | 10/10 – 10/31 |
| 16716 | \$45/4 classes | 11/14 – 12/12* |

SOCCER 2

Ages: 7 - 10 yrs **Day:** Saturdays **Time:** 11:40 a.m. – 12:10 p.m. **Min/Max:** 5/12

Description

Learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, working with our coaches online over Zoom. Concepts of small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. Parents are invited to play along.

*No class on 11/28

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|----------------|
| 16718 | \$45/4 classes | 10/10 – 10/31 |
| 16719 | \$45/4 classes | 11/14 – 12/12* |

TEEN PROGRAMS

ONLINE DRIVER'S ED

Ages: 15 ½ - 17

Description

This is an interactive and educational online course with the latest in animation, video and web technology. It sets the foundation for behind-the-wheel driver training and is in accordance with the guidelines set by the California Department of Motor Vehicles. Receive a DMV approved certificate of completion required for teens under 17 to obtain a learner's permit and driver's license. Participant must have computer, internet, and email access. Registrations are accepted on a continuous basis.

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|--------------|
| 16720 | \$27 | CONTINUOUS |

HEALTH & WELLNESS

CHAN MEDITATION

Ages: 15+ yrs **Day:** Wednesdays **Time:** 6 p.m. – 7 p.m. **Min/Max:** 5/12

Description

Participants will learn meditation by a certified Instructor. This class is for all levels and taught in an easy to follow format.

| CODE | PRICE & WEEKS | DATES |
|-------------|--------------------------|----------------------------|
| 16724 | FREE | Every Wednesday until 12/9 |