



DAY CAMP RESERVATION FORM – SUMMER 2009

Please use black or blue ink

◆ **PLEASE PRINT:**

Child's Name: _____ Phone: () _____
Home Address: _____ City: _____ Zip: _____
Birth Date: _____ Grade: _____ Sex (Circle): M F

◆ **IF REGISTERING FOR CAMP ALOTTAFUN, NUMBER LOCATION IN ORDER OF PREFERENCE (1,2):**

CAMP ALOTTAFUN _____ Pico Park _____ Rivera Park

PAYMENT IS REQUIRED AT TIME OF REGISTRATION FOR THE FIRST WEEK YOUR CHILD ATTENDS. Reservations for all other weeks can be made in advance with a **\$15 NON-REFUNDABLE, NON-TRANSFERABLE** deposit per week.

◆ **REGISTRATION** (Please ✓ each session you want your child to attend):

| | | |
|--|---|--|
| <input type="checkbox"/> Week 1 - June 22-26, 2009 | <input type="checkbox"/> \$5 - Early Care (7-8 a.m.)* | <input type="checkbox"/> \$5 - Late Care (5-6 p.m.)* |
| <input type="checkbox"/> Week 2 - June 29-July 2, 2009 | <input type="checkbox"/> \$5 - Early Care (7-8 a.m.)* | <input type="checkbox"/> \$5 - Late Care (5-6 p.m.)* |
| <input type="checkbox"/> Week 3 - July 6-10, 2009 | <input type="checkbox"/> \$5 - Early Care (7-8 a.m.)* | <input type="checkbox"/> \$5 - Late Care (5-6 p.m.)* |
| <input type="checkbox"/> Week 4 - July 13-17, 2009 | <input type="checkbox"/> \$5 - Early Care (7-8 a.m.)* | <input type="checkbox"/> \$5 - Late Care (5-6 p.m.)* |
| <input type="checkbox"/> Week 5 - July 20-24, 2009 | <input type="checkbox"/> \$5 - Early Care (7-8 a.m.)* | <input type="checkbox"/> \$5 - Late Care (5-6 p.m.)* |
| <input type="checkbox"/> Week 6 - July 27-31, 2009 | <input type="checkbox"/> \$5 - Early Care (7-8 a.m.)* | <input type="checkbox"/> \$5 - Late Care (5-6 p.m.)* |
| <input type="checkbox"/> Week 7 - August 3-7, 2009 | <input type="checkbox"/> \$5 - Early Care (7-8 a.m.)* | <input type="checkbox"/> \$5 - Late Care (5-6 p.m.)* |
| <input type="checkbox"/> Week 8 - August 10-14, 2009 | <input type="checkbox"/> \$5 - Early Care (7-8 a.m.)* | <input type="checkbox"/> \$5 - Late Care (5-6 p.m.)* |
| <input type="checkbox"/> Week 9 - August 17-21, 2009 | <input type="checkbox"/> \$5 - Early Care (7-8 a.m.)* | <input type="checkbox"/> \$5 - Late Care (5-6 p.m.)* |

◆ **OPTIONAL FEES** (Please ✓ if applicable):

\$6 each - Camp T-Shirts Number of shirts: _____

\$20 - Camp Swim Lessons (Payment is required at time of registration)

Please ✓ each session you want your child to attend (\$20 per session):

| | |
|--|---|
| <input type="checkbox"/> Session 1 - June 22 - July 2 (no class 7/3) | <input type="checkbox"/> Session 3 - July 20 - July 31 |
| <input type="checkbox"/> Session 2 - July 6- July 17 | <input type="checkbox"/> Session 4 - August 3 - August 14 |

**must be registered for both weeks of camp*

◆ Please indicate which level your child would qualify for (see level descriptions on back of form):
 Level 1 Level 2 Level 3

◆ **METHOD OF PAYMENT** (Please check one):

Check # _____ Money Order # _____

Credit Card (circle one): VISA MASTER CARD AMERICAN EXPRESS

Card # _____ - _____ - _____ - _____ Exp. Date ____ / ____

Amount: _____

Signature of Cardholder

Date

* A print out of all scheduled payments will be given at time of registration.

Received by: _____ Date: _____

Input by: _____ Date: _____

◆ Swim Level Descriptions (campers will be evaluated by Swim Instructor 1st day of class):

_____ Level 1 WATER EXPLORATION

- Understand the basic water safety rules
- Know the fundamentals of using a life jacket
- Know how to handle a cramp
- Know how to get help
- Perform reaching assists without equipment
- Enter and exit water independently
- Fully submerge face for 3 seconds. Blow bubbles
- Bounce in chest deep water (bob) to chin level 10 times
- Walk 5 yards in chest-deep water, maintaining balance
- Float, while supported, on front & back
- Kick, while supported, on front & back
- Practice basic alternating arm action

_____ Level 2 PRIMARY SKILLS

- Perform reaching & extension assist from deck
- Assist non-swimmer to feet
- Be familiar with rescue breathing
- Move from standing to horizontal position
- Hold breath and fully submerge head for 3 seconds
- Float or glide on front, unsupported, for 5 seconds
- Float or glide on back, unsupported, for 5 seconds
- Submerge to retrieve object in chest deep water
- Explore deep water, with floatation support
- Enter pool into chest-deep water and stand
- Perform flutter kick on front & back (support optional)
- Turn over from front to back and back to front
- Float on back while finning with hands
- Practice back crawl arm action
- Perform combined (kick & arms) stroke front, 5 yards
- Perform combined (kick & arms) stroke back, 5 yards

_____ Level 3 STROKE READINESS (completion of Level 3 indicates swim readiness for group swim)

- Understand safe diving rules
- Bob in water slightly over head to travel to safe area
- Jump into deep water with life jacket on
- Jump into deep water from side of pool
- Demonstrate the Heat Escape Lessening Posture for 1 min
- Perform "huddle" position with other participants for 1 min
- Know how to open airway for rescue breathing
- Reverse direction while swimming on front
- Reverse direction while swimming on back
- Coordinate arm stroke for front crawl with breathing to the front or side, 10 yards
- Perform 15 bobs in chest deep water
- Do back crawl, 10 yards
- Do elementary backstroke kick, 10 yards
- Dive from the side of pool from kneeling and compact positions
 - Tread water
 - Retrieve an object from the bottom in chest-deep water
- Perform front glide with push-off, 2 body lengths
- Perform back glide with push-off, 2 body lengths