



PRESS RELEASE

FOR IMMEDIATE RELEASE

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CITY OF PICO RIVERA TEMPORARILY CLOSES ALL CITY PARKS DUE TO THE CURRENT HEALTH ENVIRONMENT AND STATEWIDE SURGE OF COVID-19 INFECTIONS

CITY'S VIRTUAL RECREATION SOCIAL MEDIA CAMPAIGN STILL ACTIVE

PICO RIVERA, CA - June 30, 2020 - In response to the current environment of surging of COVID-19 infections, the City of Pico Rivera has temporarily closed all city parks out of an abundance of caution. City staff will monitor the situation weekly to determine when it will be safe for families to frequent parks once again. The City's priority is the safety and wellbeing of all residents.

In the interim the City wants to remind residents that the City's Virtual Recreation social media campaign (#PRRecAtHome #PicoRiveraRecAtHome) continues to feature activities for every day of the week. Designed as a resource for our community to access 24/7 during this time of social distancing, it provides quality recreation activities meant to entertain, inspire and encourage people of all ages and abilities to stay active from the comfort of their own home.

All of the City's suggested activities on social media can also be found in one location and accessible to everyone, even if residents are not connected with the City via social media through the City's website, www.pico-rivera.org.

Activities include:

Move It Mondays – workout video links to keep physically active & healthy

Start with Art Tuesdays – links to websites featuring various art mediums

Wellness Wednesdays – links/videos to information on staying mentally and emotionally healthy

Virtual Tour Thursdays – links/videos to virtual tours such as National parks, museums and zoos

Family Fun Fridays – ideas to promote family bonding

Summer Family Challenge Saturday - Each Saturday, a new challenge is introduced where families can complete activities and submit them for a free 4 oz frozen yogurt courtesy of Menchie's in Pico Rivera.

Additionally, this week the city is featuring a special 4th of July Events and Activities including a "Show your Patriotic Pride by entering our 4th of July Photo Contest!"

Categories include Pets, Family, Home Decorating, and Business Decorating for a chance to win a City Prize Pack! Must be a City resident or business to enter. Our Facebook users will then vote for their favorite photos once we post them on the 4th of July!!!

Photos must be submitted to either Facebook Messenger or Instagram Messenger by Wednesday, July 1 by 5:30 p.m. to be entered. Other activities include:

7/1 WELLNESS WEDNESDAY

For victims of gun violence and veterans of war who have post-traumatic stress disorder (PTSD), the Fourth of July holiday can be a stressful time of year. Here are some practical tips to prepare and cope if you suffer from PTSD:

<https://www.peacehealth.org/healthy-you/how-manage-ptsd-4th-july>

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- 7/2 VIRTUAL TOUR THURSDAY
This 4th, you can celebrate the holiday by delving deeper into the history of our country with a virtual visit to the Statue of Liberty. This interactive virtual tour is a combination of high-resolution spherical images, historical information, and historic images taken in the same areas decades ago.
<https://www.nps.gov/stli/learn/photosmultimedia/virtualtour.htm>
- 7/3 FAMILY FUN FRIDAY
Post free mobile app to experience 4th of July Fireworks using augmented reality. The app puts dazzling displays in the sky through your smartphone or tablet, giving everyone the opportunity to marvel at fireworks as if you are standing right under them.
- 7/4 VIRTUAL EVENT:
Patriotic-themed photo contest

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