

MONDAY	Tuesday	WEDNESDAY	THURSDAY	FRIDAY
1 <b>Roast Beef w/ Gravy</b> Whole Grain Roll Mashed Potatoes Sauté Spinach Waldorf Salad	2 Cream of Corn Soup <b>Tuna Sandwich</b> Whole Grain Bread Carrot Pineapple Slaw Shredded Brussels Sprouts & Cabbage Salad Cantaloupe	3 Minestrone Soup <b>Lemon Pepper Chicken</b> Brown & Wild Rice Green Bean Almandine, Iceberg, Romaine & Red Onion Salad Mandarin Orange	4 <b>Spaghetti w/ Meatballs</b> Whole Grain Spaghetti Sourdough Bread Broccoli Mesclun Mix Salad Pear	5 <b>DRIVE-UP GRAB &amp; GO SACK LUNCH 11:30 AM – 12:30 PM</b>
8 Cream of Broccoli <b>Fish Almondine</b> Whole Grain Bread Zucchini Carrots Pineapple & Mango Vanilla Ice Cream	9 <b>Lentil Stew</b> Biscuit Peas & Onion Cooked Spinach & Kale Tangerine Cake	10 <b>Beef Lasagna</b> Whole Grain Bread Broccoli & Cauliflower Beet & Onion Salad Watermelon	11 Northern Bean Soup <b>Roast Turkey</b> Herb WG Stuffing Tri Color Coleslaw Green Beans Banana	12 <b>DRIVE-UP GRAB &amp; GO SACK LUNCH 11:30 AM – 12:30 PM</b>
15 <b>Beef Teriyaki</b> Whole Grain Noodles Oriental Vegetables Spinach Salad w/ Shredded Brussels Sprouts Plum or Peaches	16 <b>Oven Baked Chicken</b> Cornbread Stuffing Cauliflower Mashed Sweet Potato Vanilla / Chocolate Pudding Pear	17 <b>Stuffed Bell Pepper</b> Whole Grain Roll Zucchini Medley Carrots Creamy Cucumber Salad Kiwi	18 <b>Beef Picado</b> Corn Tortilla Black Beans Brown Spanish Rice Chopped Romaine Salad Greens w/ Corn & Radish Mandarin Oranges	19 <b>DRIVE-UP GRAB &amp; GO SACK LUNCH 11:30 AM – 12:30 PM</b>
22 Mexican Vegetable Soup <b>Chicken Mole</b> Brown Spanish Rice Pinto Beans Carrot & Raisin Salad Orange	23 <b>Pork Loin w/ Mustard Sauce</b> Barley Pilaf Corn Spinach Kale Salad w/ Tomato Apple or Applesauce	24 <b>Beef Stroganoff</b> Whole Grain Roll Egg Noodles Zucchini Medley Mesclun Mix Salad Cantaloupe	25 <b>Turkey Baked Ziti</b> Whole Grain Pasta Sourdough Bread Peas & Carrots Green Beans Pineapple w /Mango	26 <b>DRIVE-UP GRAB &amp; GO SACK LUNCH 11:30 AM – 12:30 PM</b>
29 <b>Closed</b>  <b>MEMORIAL DAY</b> <small>REMEMBERING &amp; HONORING ALL WHO SERVED</small>	30 Turkey Rice Soup <b>BBQ Chicken</b> Whole Grain Dinner Roll Broccoli Baked Beans Pears w/ Cinnamon	31 <b>Blacken Tilapia Fish</b> Whole Grain Bread Barley Pilaf Peas & Onions Coleslaw Banana		<b>MEALS ARE \$5.00 FOR NON- SENIORS (ONLY IF MEALS ARE AVAILABLE AFTER SENIORS ARE SERVED</b>

\*ALL MEALS SERVED WITH 1% LOW FAT MILK. + Item is high in sodium. MENU SUBJECT TO CHANGE WITHOUT NOTICE.

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