

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SENIOR CENTER CLOSED IN OBSERVANCE OF CESAR CHAVEZ DAY	2 Cream of Broccoli Soup Creole Fish WG Bread Zucchini Medley Carrots Kiwi Vanilla Ice Cream	3 Northern Bean Soup Swedish Meatballs WG Roll Mashed Potatoes Cooked Spinach & Kale Tangerine	4 Beef Lasagna WG Bread Broccoli Beet & Onion Salad Peach	5 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM
8 Chicken Noodle Soup BBQ Pulled Pork WG Hamburger Bun Collard Greens Potato Salad Orange	9 Beef Teriyaki Brown Rice Oriental Vegetables Spinach Salad w/Shredded Brussels Sprouts Applesauce w/ Cinnamon	10 Oven Baked Chicken (L&T) Cornbread Stuffing Cauliflower Mashed Sweet Potato Pear / Rainbow Sherbet	11 Stuffed Bell Pepper WG Roll Green Beans Mashed Potatoes Creamy Cucumber Salad Kiwi	12 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM
15 Tomato Soup Fish Lemon Dill Sauce Barley Pilaf Fiesta Corn Garden Salad w/ Red Onion Cantaloupe	16 White Bean Soup Oven Baked Chicken (L&T) Cornbread /WG Macaroni & Cheese /Saute Kale /Green Salad w/Sliced Tomatoes & Carrots / Cuties	17 Pork Loin w/ Mustard Sauce WG Bread Stuffing Corn /Spinach/Kale Salad w/Tomato Apple or Applesauce	18 Beef Stroganoff WG Roll / Egg Noodle Zucchini Medley Mesclun Mix Salad Tropical Fruit Sugar Cookie	19 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM
22 Rosemary Chicken w/ Creamy Garlic Sauce Brown Rice California Mix Chopped Salad Apple or Applesauce Red Manhattan Gelatin	23 Meatloaf w/ Gravy WG Bread Mashed Potatoes Green Beans Ambrosia Salad	24 Turkey Rice Soup BBQ Chicken (L&T) WG Dinner Roll Broccoli Baked Beans Pear or Pears w/Cinnamon	25 Sweet & Sour Pork Biscuit Barley Pilaf Peas / Tricolor Slaw Banana	26 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM
29 Beef Stew w/ Potatoes, Celery , Onion WG Dinner Roll Carrots Garden Salad w/Iceberg, Cucumber & Tomatoes Orange	30 Lentil Soup Chicken Marsala w/ Mushroom & White Wine Sauce / WG Penne Pasta Peas & Onions Marinated Beet Salad Kiwi			MEALS ARE \$5.00 FOR NON- SENIORS (ONLY IF MEALS ARE AVAILABLE AFTER SENIORS ARE SERVED AVAILABLE

*ALL MEALS SERVED WITH 1% LOW FAT MILK. + Item is high in sodium. MENU SUBJECT TO CHANGE WITHOUT NOTICE.

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