



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>TO MAKE CANCELATIONS PLEASE CALL 562-699-3231 EXT. 260 AT LEAST THE DAY BEFORE</p>			<p>1 Breaded Fish Flour Tortilla Brown Spanish Rice Zucchini Medley Creamy Coleslaw w/Chipotle Dressing/Banana</p>	<p>2 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM</p>
<p>5 Juice Steak Picado Pinto Beans / Spanish Brown Rice Flour Tortilla / Mandarin Oranges, Mango & Jicama Salad / Tres Leche Cake</p>	<p>6 Butternut Squash Soup Chicken Salad WG Roll / Garden Salad Garbanzo Bean w/ Red Onion, Celery & Tomato Mandarin Oranges Pasta Salad</p>	<p>7 Roast Beef w/ Gravy WG Roll Mashed Sweet Potatoes Collard Green Waldorf Salad Cream Cookie</p>	<p>8 Creamy Cilantro Baked Fish Biscuit Brown Rice Pilaf / Broccoli Romaine Caesar Salad w/Croutons Cantaloupe</p>	<p>9 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM</p>
<p>12 Spaghetti w/ Meatballs Sourdough Bread w/ Garlic Spread WG Spaghetti Broccoli Romaine Caesar Salad Apple or Applesauce</p>	<p>13 Chicken Enchilada Casserole w/ Red Sauce Black Beans Carrots Orange</p>	<p>14 Cream of Broccoli Soup Fish Vera Cruz WG Bread Corn Carrot Slaw Kiwi Vanilla Chocolate Swirl Pudding</p>	<p>15 Pork Loin w/ Black Peppercorn Sauce WG Bread Stuffing Mashed Potatoes Beet & Onion Salad Watermelon</p>	<p>16 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM</p>
<p>19 Tuscan Soup Turkey & Cranberry Salad WG Bread Garden Salad w/Vinaigrette Tricolor Coleslaw /Pear</p>	<p>20 Beef Teriyaki Brown Rice Asian Vegetables Chopped Spinach Salad w/Shredded Brussels Sprouts Peaches</p>	<p>21 Butternut Squash Soup Roast Pork w/ Mustard Sauce WG Bread Pasta Collard Greens Waldorf Salad/Orange</p>	<p>22 Chicken Mole (L & T) Spanish Brown Rice Pinto Beans Corn Relish Salad Kiwi Rainbow Sherbet</p>	<p>23 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM</p>
<p>26 SENIOR CENTER & SASSFA PROGRAM CLOSED</p> 	<p>27 Cream of Mushroom Soup Tuna Salad WG Bread Potato Salad /Garden Salad w/ Red Onion Cantaloupe</p>	<p>28 Oven Baked Chicken (L & T) Peas & Onions Carrots Raisin Salad WG Cornbread Stuffing Kiwi</p>	<p>29 Corn Chowder Soup Turkey Meatloaf WG Bread Mashed Potatoes Cauliflower Chopped Spinach & Kale Applesauce</p>	<p>30 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM</p>