

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Split Pea Soup <b>Baked Ziti ( Turkey )</b> WG Pasta Sourdough Bread Corn Zucchini Medley Kiwi	<b>3</b> <b>Rosemary Chicken w/ Creamy Garlic Sauce</b> Couscous Pilaf / Chopped Salad /Apple or Applesauce Broccoli & Cauliflower Green Gelatin	<b>4</b> Minestrone Soup <b>Meatloaf w/ Gravy</b> WG Bread Mashed Potatoes Mediterranean Salad Fruit Cocktail w/Coconut Garnish	<b>5</b> <b>BBQ Chicken ( L &amp; T )</b> WG Dinner Roll Carrots Baked Beans Orange	<b>6</b> <b>DRIVE-UP GRAB &amp; GO SACK LUNCH</b> (SENIOR CENTER) 11:30 AM – 12:30 PM
<b>9</b> Cream of Mushroom <b>Chicken Curry</b> Brown Rice Oriental Vegetables Chopped Asian Salad w/ Romaine & Green Onions Cantaloupe	<b>10</b> <b>Beef Stew w/ Potatoes, Celery &amp; Onions</b> WG Dinner Roll / Carrots Creamy Dill Cucumber Salad Orange Fruited Vanilla Yogurt	<b>11</b> Lentil Soup <b>Chicken Marsala w/ Mushroom &amp; White Wine Sauce</b> WG Penne Pasta / Peas & Onions /Marinated Beets Salad / Kiwi	<b>12</b> <b>Breaded Fish</b> Flour Tortilla Brown Spanish Rice Zucchini Medley Creamy Coleslaw w/ Chipotle Dressing / Banana	<b>13</b> <b>DRIVE-UP GRAB &amp; GO SACK LUNCH</b> (SENIOR CENTER) 11:30 AM – 12:30 PM
<b>16</b> <b>Vegetarian Chili w/ Barley</b> Cornbread / Baked Potato Chopped Kale & Spinach Salad w/Tomatoes Watermelon	<b>17</b> <b>Creamy Cilantro Baked Fish / Biscuit</b> Brown Rice Pilaf Broccoli Romain Caesar Salad w/Croutons Cantaloupe	<b>18</b> <b>Roast Beef w/ Gravy</b> WG Roll Mashed Sweet Potatoes Collard Greens Waldorf Salad Cream Cookies	<b>19 SENIOR CENTER &amp; SASSFA PROGRAM CLOSED</b> 	<b>20</b> <b>DRIVE-UP GRAB &amp; GO SACK LUNCH</b> (SENIOR CENTER) 11:30 AM – 12:30 PM
<b>23</b> <b>Spaghetti w/ Meatballs</b> Sourdough Bread w/Garlic Spread WG Spaghetti Broccoli Romaine Caesar Salad Apple or Applesauce	<b>24</b> <b>Chicken Enchilada Casserole w/ Red Sauce</b> Black Beans Tomato & Cucumber Salad Orange	<b>25</b> Cream of Broccoli Soup <b>Fish Veracruz</b> WG Bread Corn/Carrot Slaw Kiwi / Vanilla/Chocolate Swirl Pudding	<b>26</b> <b>Pork Loin w/ Black pepper Sauce</b> WG Bread Stuffing Mashed Potatoes Beets & Onions Salad Watermelon	<b>27</b> <b>DRIVE-UP GRAB &amp; GO SACK LUNCH</b> (SENIOR CENTER) 11:30 AM – 12:30 PM
<b>30</b> Tuscan Soup <b>Turkey &amp; Cranberry Salad</b> WG BREAD Garden Salad w/Vinaigrette Tri Color Coleslaw Pear				<b>MEALS ARE \$5.00 FOR NON- SENIORS (ONLY IF MEALS ARE AVAILABLE AFTER SENIORS ARE SERVED AVAILABLE</b>

\*ALL MEALS SERVED WITH 1% LOW FAT MILK. + Item is high in sodium. MENU SUBJECT TO CHANGE WITHOUT NOTICE.

This project is funded, in part by Los Angeles County Area Agency on Aging, through the Older American Act of 1965 as amended.